

59

**What a windy week** I hope your houses and property manage to stay upright this week - it certainly has been very windy and we have had to keep the children inside during some playtimes due to the wind and rain. Hopefully next week the weather may settle down a bit!

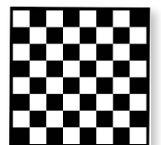


**Miss Lowde** will be in school on Tuesday, Thursday and Friday next week and will be back full time the week after. This is great news for us and we are looking forward to her return. We must however say a big thank you to Mr Bailey who has been brilliant, and a huge thank you to our children in Rowan Class who have simply taken everything in their stride. They really are a great group of children.

**Core Curriculum Night** As you will be aware, we have re-scheduled this event for Wednesday 7th February. I am sorry for the confusion / inconvenience this may have caused but we have moved the date so that Miss Lowde can attend too. We have also cancelled the 'Parent Pop in' on the 7th February as we thought that a parent pop in, then a curriculum evening and a sharing assembly all in the same week was a bit too much to expect of you. I hope you understand.

**Lunches Next Week** As you are aware, Lynda lost her father a couple of weeks ago. The funeral is next Tuesday and Lynda will not be in school on Tuesday and Wednesday. School will provide lunch for the children on Tuesday for those that normally have a school lunch, but I would ask that you provide a packed lunch for your children on Wednesday. I know that this is not ideal and really appreciate your understanding in this. **Breakfast Club** will be as normal next week but **After School Club** will not be available on Wednesday 31st January.

**Y2/3 Chess Club** Chess Club started this week and the 10 children who attended really got into it! We have another session planned for next Thursday where we will introduce a couple more pieces - Knights and Bishops!



**Rugby Visit** On Friday 1st March, Willow Class along with Wharfe Class from Darley, will be visiting York Stadium to watch the England Men's Rugby Team train. This is a great opportunity for our children to see a national team up close, and right in the middle of the Six Nation's Championships too! Further details regarding timings and what the children will need will follow!

**And finally...** please see below, guidance on measles outbreaks that we have been asked to circulate:

**Our whole school theme this half term is Vikings and Anglo Saxons**

## What are the symptoms of measles?

Measles usually starts with cold-like symptoms, followed by a rash a few days later. Some people may also get small spots in their mouth. Find out more on the [NHS website](#).

### What should you do if you think your child has measles?

You should ask for an urgent GP appointment or get help from NHS 111 if you think you or your child may have measles.

Don't go to the GP or any other healthcare setting without calling ahead first.

If your child has been diagnosed with measles by a doctor, they should stay off nursery or school for at least 4 days from when the rash first appears.

They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.

### What is the best way to protect against measles?

The best protection against measles for children and adults is to get both doses of the MMR vaccine.

Children are offered a vaccine free on the NHS at 12-months-old and then a second dose when they turn 3-years-and-4-months-old.

But you can catch up at any age – if you or your child haven't yet been vaccinated, you should contact your GP practice to book a free appointment.

You can request a version of the MMR vaccine that does not contain pork products from your GP, making it suitable for all faiths. Please note that the practice may need to order this product in specially, so it will be helpful to tell them your views before the appointment.

### Cold-like symptoms can be an early sign of measles. Should you still send your child to school?

If your child has been vaccinated, it's very unlikely that they have measles

[School attendance](#) is vitally important to your child's learning and health.

According to the NHS, it's fine to send your child to school with a minor cough or common cold, provided they don't have a temperature.

### When should you keep your child off school or nursery and how long for?

Usually, your child will only need to stay off school if they are unvaccinated.

The school or local Health Protection Team will let you know if your child has been in contact with someone who has measles, and tell you what you need to do.

They may advise people who are more susceptible to contracting the virus, such as unvaccinated siblings to stay away for the incubation period.

The incubation period is the length of time it can take to develop the illness after being in contact with someone with measles. For measles, the incubation period can be up to 21 days.

Anyone who has been vaccinated is unlikely to be considered susceptible.

If your child does have measles, they should stay off nursery or school for at least 4 days from when the rash first appears, and avoid close contact with babies and anyone who is pregnant or has a weakened immune system.

If you're not sure whether your child is due a vaccination or has missed a vaccination, you can check your Red Book or contact your GP practice.

If your child has missed their first or second dose of MMR vaccine, you should contact your GP practice to book an appointment.

### Should you keep your child off school if another pupil has been diagnosed with measles?

Most children will be protected against measles and there is no need to keep your child off school if they have had both their MMR vaccinations.

Your local Health Protection Team will tell you if your child has been in contact with someone with measles and will let you know what the next steps are.

### Can I still get my child vaccinated even if they're older?

Yes. Anyone who has not had 2 doses of the MMR vaccine should ask their GP surgery for a vaccination appointment.

It's best to have vaccines on time, but you can still catch up on most vaccines if you miss them. Two doses of the vaccine are needed to ensure full protection.

